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## RESEARCH ARTICLE

# Evaluation of Five Different Desensitizers: A Comparative Dentin Permeability and SEM Investigation *In Vitro*

Nasibe Aycan Yilmaz<sup>\*1</sup>, Ertan Ertas<sup>2</sup> and Hasan Orucoğlu<sup>3</sup><sup>1</sup>Department of Restorative Dentistry, Faculty of Dentistry, University of Adnan Menderes, Aydin, Turkey<sup>2</sup>Department of Restorative Dentistry, Faculty of Dentistry, University of Ondokuz Mayıs, Samsun, Turkey<sup>3</sup>Department of Endodontics, Faculty of Dentistry, University of Abant İzzet Baysal, Bolu, Turkey

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### Abstract:

#### Background/Objective:

The purpose of this study was to evaluate the efficacy and durability of five different dentin desensitizers (Gluma Desensitizer Powergel, Bifluorid 12, Gluma Self Etch Bond, D/Sense Crystal, Nupro Sensodyne Prophylaxis Paste with Novamin) on tubule occlusion and dentin permeability reduction *in vitro*.

#### Method:

The quantitative changes in permeability of 100 dentin discs were measured after desensitizer treatments and following post-treatments of 6% citric acid challenge for 1 min or immersion in artificial saliva for 24 hours under hydrostatic pressure generated by a computerised fluid filtration meter. Qualitative SEM analyses were also carried out.

#### Results:

Dentin permeability decreased after desensitizer application in all groups. Nevertheless, only the difference between 'Gluma Self Etch Bond' and 'Nupro Sensodyne Prophylaxis Paste with Novamin' groups was significantly different ( $p < 0.05$ ). Dentin permeability increased significantly after post-treatments ( $p < 0.05$ ). There was no statistically difference among the citric acid-subgroups ( $p > 0.05$ ). Of all the artificial saliva-subgroups, only the difference between 'D/Sense Crystal' and 'Bifluorid 12' was significantly different ( $p < 0.05$ ). In SEM analysis, morphological changes were detected on the dentin surface and within the tubules following desensitizer treatments and post-treatments.

#### Conclusion:

All the desensitizers significantly reduced dentin permeability by changing the morphology of the dentin surface and/or dentinal tubules. Following post-treatments, there was some reduction in the efficacy of the desensitizers which was represented by the reduction in permeability values. SEM analysis revealed some physical changes in the dentin structure which can partly give an explanation to the reduced efficacy of tested desensitizers.

**Keywords:** Dentin permeability, Dentin sensitivity, Scanning electron microscopy, Gluma desensitizer powergel.

## INTRODUCTION

Dentin hypersensitivity (DH) is a painful clinical condition commonly encountered in dental practice. It can negatively impact an individual's quality of life by affecting dietary choices or changing oral hygiene habits [1 - 4]. According to the hydrodynamic theory, any stimulus that changes the fluid flow within dentin tubules can activate

\* Address correspondence to this author at the Adnan Menderes Üniversitesi Dis Hekimligi Fak. Restoratif Dis Tedavisi A.D. Hasan Efendi Mah. No:1 Eski Tip Fakultesi Yerleskesi, Aydin, Turkey; Tel: +902562133939; Fax: +902562151918; E-mails: [dt.aycanyilmaz@yahoo.com](mailto:dt.aycanyilmaz@yahoo.com), [aycan.yilmaz@adu.edu.tr](mailto:aycan.yilmaz@adu.edu.tr)

intradental nerve fibers and cause pain [5]. A mechanical approach to DH management emerged from this theory and it involves occluding and/or sealing dentin tubules in order to reduce the fluid flow within tubules (i.e. dentin permeability). Theoretically, any treatment that causes a reduction in dentin permeability (DP) is considered effective in reducing DH [6, 7]. Numerous topically applied desensitizers with different modes of action are used in DH management. However, no consensus has been reached on the ideal treatment [8, 9].

In addition to evaluating the immediate efficacy of desensitizers, it is also important to evaluate the durability of treatments under conditions mimicking the oral environment (e.g. artificial toothbrushing, citric acid challenge or immersion in artificial saliva) [10 - 14].

In this *in vitro* study, we tested five different desensitizers Gluma Desensitizer Powergel, Bifluorid 12, Gluma Self Etch Bond, D/Sense Crystal and Nupro Sensodyne Prophylaxis Paste with Novamin, which are supposed to treat DH through the mechanical approach. The efficacy of the dentin desensitizers in occluding dentin tubules and reducing DP was evaluated quantitatively by a computerised fluid filtration meter (CFFM) [15, 16] and qualitatively by SEM analysis. The durability of the treatments was also evaluated following post-treatments with 6% citric acid challenge (CA) or immersion in artificial saliva (AS).

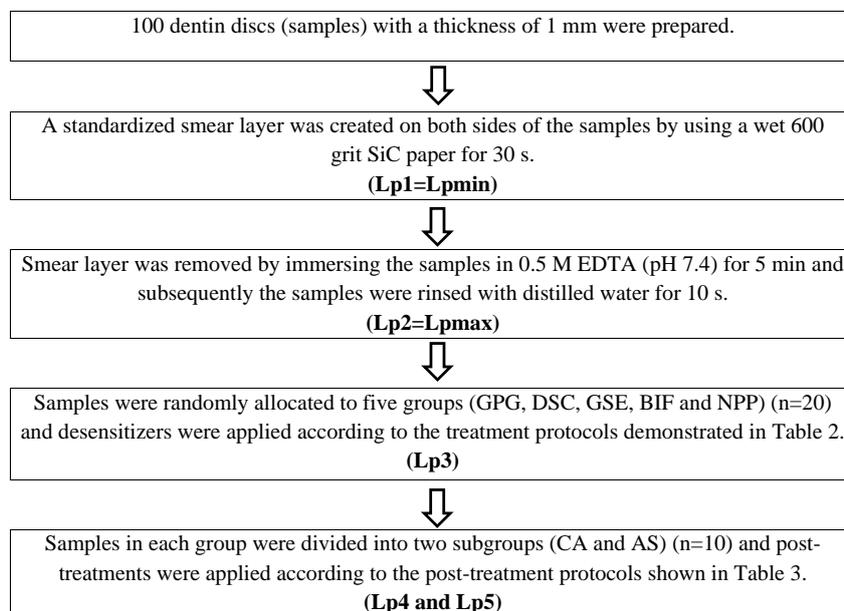
## MATERIALS AND METHODOLOGY

### Dentin Permeability Evaluation

Bovine incisors extracted from slaughtered animals were cleaned, stored in 10% formalin solution at 4 °C and used within 4 weeks. Mid-part tooth segments were obtained by removing the 3 mm above and 3 mm below of the cemento-enamel junction (CEJ). Dentin discs were prepared from these tooth segments by longitudinal sectioning with a low-speed water-cooled diamond saw in a precision cutting machine (Isomet-1000, Buehler, Illinois, USA). In total, 100 dentin discs with a thickness of 1 mm and with no evidence of pulp horns or coronal enamel were used. A standardized smear layer was created on both (periodontal and pulpal) sides of the dentin discs with a wet 600-grit SiC paper for 30s.

The experimental design involved repeated measurements of fluid flow (Lp) across the dentin discs as summarized in Table 1. Compositions of the desensitizers and treatment protocols for the groups are listed in Table 2. Post-treatment protocols for subgroups are listed in Table 3.

**Table 1. Experimental design of the study.**



The quantitative changes in Lp of dentin discs were measured with a CFFM working at 1.8 bar pressure (=1835.49 cmH<sub>2</sub>O), at 15 s intervals for 1.5 min. Samples were connected to the CFFM using a split chamber device. Exposed dentin area was standardized by using two identical rubber O-rings and stabilized by attaching one of them to the pulpal side of each disc with a cyanoacrylate adhesive (Pattex, Henkel, Duesseldorf, Germany).

Mean values and standard deviations were calculated and the data was analysed with one way ANOVA, post-hoc

Tukey's HSD test at the 5% significance level and the paired t-test.

**Table 2. Compositions, manufacturers and treatment protocols of the desensitizers used in the study.**

Materials	Ingredients	Manufacturer	Treatment Protocols
<b>Gluma Desensitizer Powergel (GPG)</b>	HEMA, glutaraldehyde, pyrogenic silicic acid, purified water	Heraeus Kulzer, Hanau, Germany <b>LOT:</b> 010103	Samples were immersed in protein-containing artificial dentin fluid (2% BSA solution) for 20 s in order to simulate the dentin fluid. GPG was then applied on wet dentin surface by agitating with an applicator tip for 60 s and left in place for 30 s. Rinsed with distilled water for 10 s.
<b>Bifluorid 12 (BIF)</b>	Sodium and calcium fluoride, ethyl acetate, pyroxylin, isoamylpropionate, fumed silica	Voco, Cuxhaven, Germany <b>LOT:</b> 1333318	A thin layer of BIFLUORID was applied using the foam pellet and left in place for 2 min. No rinsing was applied.
<b>Gluma Self Etch Bond (GSE)</b>	4 META, acetone, water, photo initiators, stabilizers	Heraeus Kulzer, Hanau, Germany <b>LOT:</b> 010701	Since adhesion mechanism of SE adhesives involves integrating the smear into the adhesive interface, a new smear layer was created on the periodontal surfaces using a wet 600-grit SiC paper for 30 s. Rinsed with distilled water for 10 s. A thin layer of GSE was then applied by agitating with an applicator tip for 20 s, gently air-dried for 5 s and light cured for 20 s (Elipar S10, 3M Espe, Germany).
<b>D/Sense Crystal (DSC)</b>	Potassium binoxalate, nitric acid in water	Centrix, Shelton, USA <b>LOT:</b> A23267	D/SENSE was applied by agitating for 1.5 min and left in place for 2 min. No rinsing was applied.
<b>Nupro Sensodyne Prophylaxis Paste (NPP)</b>	Calcium Sodium Phosphosilicate, sodium silicate, glycerin, pumice, titanium dioxide, crystalline silica	Dentsply, London, UK <b>LOT:</b> 13012205	NUPRO was applied by using a rubber cup on a slow speed handpiece for 60 s. Rinsed with distilled water for 10 s.

**Table 3. Post-treatment protocols used in the study.**

Post-Treatment Protocols	
Citric Acid (CA) Subgroup (n=10)	Artificial Saliva (AS) Subgroup (n=10)
Samples were subjected to 6% CA solution for 1 min. Rinsed with distilled water for 10 s	Samples were immersed in AS <sup>a</sup> solution for 24 hours at 37 C. Rinsed with distilled water for 10 s
<sup>a</sup> The AS solution was composed of 0.2 g K <sub>2</sub> HPO <sub>4</sub> , 0.330 g KSCN, 0.260 g Na <sub>2</sub> HPO <sub>4</sub> , 1.5 g NaHCO <sub>3</sub> , 0.7 g NaCl, 1.3 g urea, 1.2 g HCl solubilized in 1000 mL deionised water, and the pH was 7.4.	

**SEM Analysis**

Fifteen dentin discs were prepared and ultrasonically cleaned with deionised water for 15 min. Experimental design steps were the same as in the DP evaluation. Groups for SEM are listed in Table 4. Dentin discs were dried in a desiccator for 12 hours, fractured prior to sputter coating with Au/Pd and examined with an SEM (JEOL JSM-7001F, Japan) at 500X-7,500X magnification at 10.0 kV.

**Table 4. Groups for SEM evaluation.**

Groups for SEM		
1	GPG-Treatment	GPG-T
2	GPG-Citric Acid	GPG-CA
3	GPG-Artificial Saliva	GPG-AS
4	BIF-Treatment	BIF-T
5	BIF-Citric Acid	BIF-CA
6	BIF-Artificial Saliva	BIF-AS
7	GSE-Treatment	GSE-T
8	GSE-Citric Acid	GSE-CA
9	GSE-Artificial Saliva	GSE-AS
10	DSC-Treatment	DSC-T
11	DSC-Citric Acid	DSC-CA
12	DSC-Artificial Saliva	DSC-AS
13	NPP-Treatment	NPP-T
14	NPP-Citric Acid	NPP-CA

(Table 6) contd.....

Groups for SEM		
15	NPP-Artificial Saliva	NPP-AS

## RESULTS

### Dentin Permeability Results

Table 5 shows the changes in DP after desensitizer treatments, CA and AS-post-treatments. Following desensitizer treatments, Lp values decreased significantly in all groups when compared to Lpmax ( $p < 0.05$ ). The difference between GSE and NPP-treatment groups were statistically significant ( $p < 0.05$ ). DP increased significantly ( $p < 0.05$ ) after CA and AS post-treatments in all groups when compared to Lp3 values. Differences among CA-subgroups were not statistically significant ( $p > 0.05$ ). Of the AS-subgroups, only the difference between DSC-AS and BIF-AS was significantly different ( $p < 0.05$ ).

**Table 5. Changes in dentin permeability after desensitizer treatments, CA and AS post-treatments.**

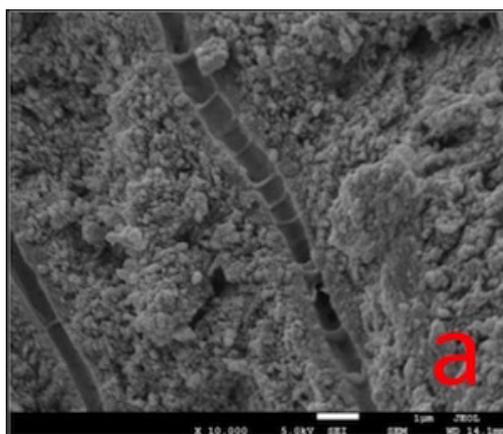
Groups	Lp Max. (%)	Treatment Lp3% (n=20)	Citric Acid Lp4% (n=10)	Artificial Saliva Lp5% (n=10)
Gluma Desensitizer Powergel (GPG)	100	23.35 ± 12.40 <sup>ab</sup> ( $\Delta \approx 77\%$ )	47.57 ± 10.71 <sup>x</sup>	42.19 ± 11.69 <sup>cb</sup>
Bifluorid 12 (BIF)	100	24.50 ± 12.31 <sup>ab</sup> ( $\Delta \approx 76\%$ )	44.75 ± 11.68 <sup>x</sup>	52.26 ± 15.65 <sup>b</sup>
Gluma Self Etch Bond (GSE)	100	18.97 ± 4.99 <sup>a</sup> ( $\Delta \approx 81\%$ )	43.74 ± 13.55 <sup>x</sup>	38.60 ± 8.92 <sup>cb</sup>
D/Sense Crystal (DSC)	100	21.74 ± 6.63 <sup>ab</sup> ( $\Delta \approx 78\%$ )	34.88 ± 13.97 <sup>x</sup>	29.64 ± 12.66 <sup>c</sup>
Nupro Sensodyne Prophylaxis Paste (NPP)	100	28.84 ± 10.92 <sup>b</sup> ( $\Delta \approx 71\%$ )	40.66 ± 12.10 <sup>x</sup>	39.25 ± 6.62 <sup>cb</sup>

Lp values measured after EDTA application were considered as the maximum permeability (Lpmax=100%). Other Lp values were expressed as the percentages (%) of Lpmax. The values are reported as means ± standard deviations. Post-hoc Tukey's HSD test was used for pairwise comparisons between groups in each column. Same superscripts indicates no differences between groups in columns ( $p > 0.05$ ). Delta ( $\Delta$ ) values represent the dentin permeability reduction values of the treatments (Lpmax% - Lp3%) approximately ( $\approx$ ).

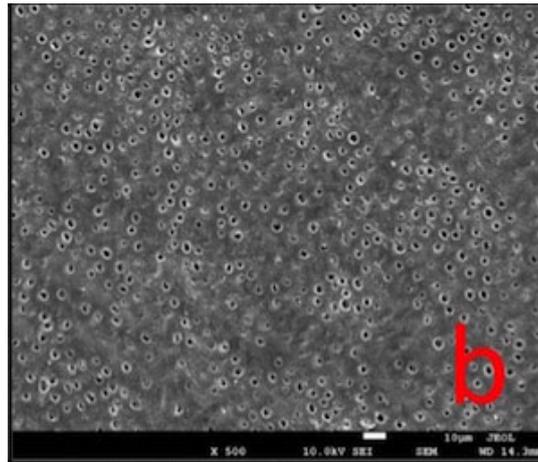
### SEM RESULTS

All the tested desensitizers caused morphological changes on/within the dentin tubules.

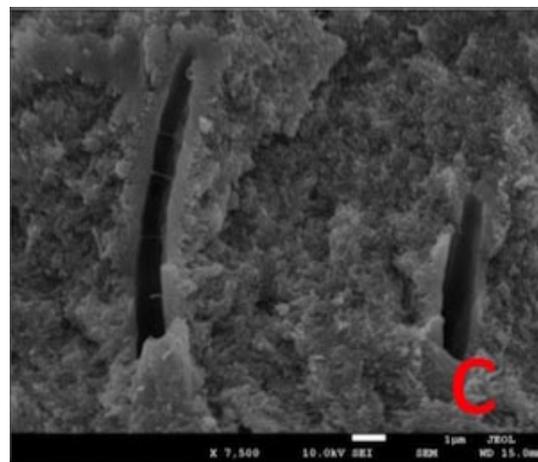
In GPG-T group, most of the dentin surface was covered and transverse septas were observed within tubules. In GPG-CA and GPG-AS groups, open tubule orifices were more apparent, however some septas were still present (Fig. 1).



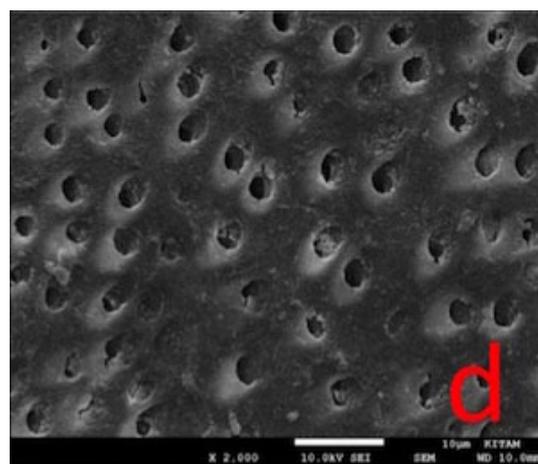
**Fig. (1a).** SEM micrograph of a fractured site of dentin disc in the GPG-T Group: Note the transverse septa formations in the tubule lumen (10,000X).



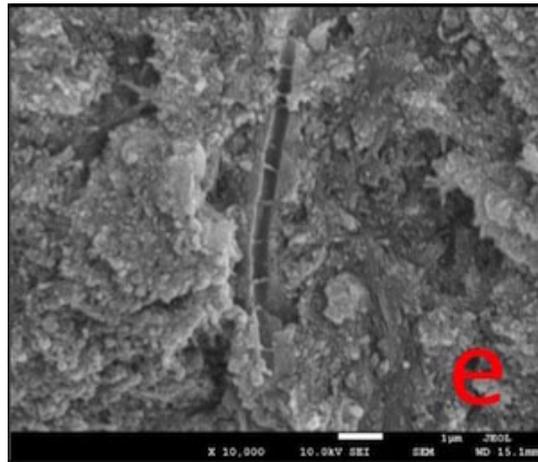
**Fig. (1b).** SEM micrograph of the top surface of dentin disc in the GPG-T Group: Occluded and partially occluded tubule orifices are visible on the dentin surface (500X).



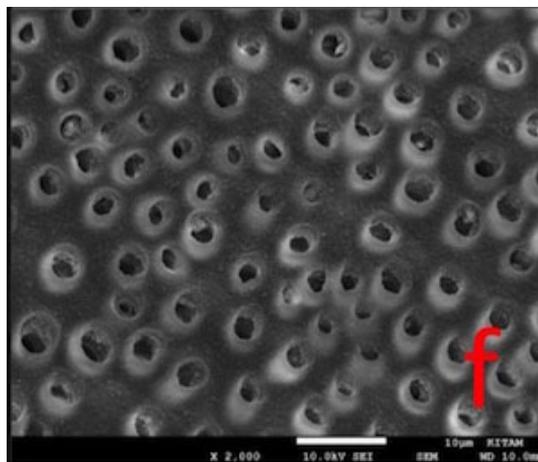
**Fig. (1c).** SEM micrograph of a fractured site of dentin disc in the GPG-CA Group: Transverse septa formations are visible in the tubule lumen (7,500X).



**Fig. (1d).** SEM micrograph of the top surface of dentin disc in the GPG-CA Group: Partially occluded dentin tubule orifices and a few occluded tubules are visible at the dentin surface (2,000X).

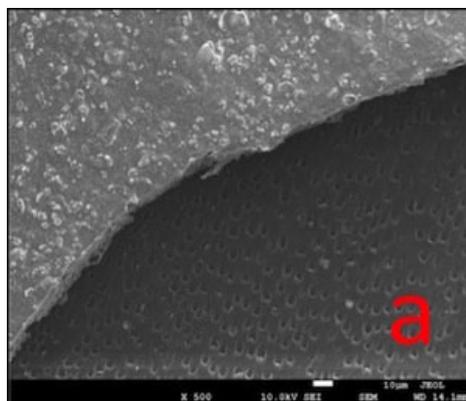


**Fig. (1e).** SEM micrograph of a fractured site of dentin disc in the GPG-AS Group: Transverse septa formations are visible within the tubule (10,000X).

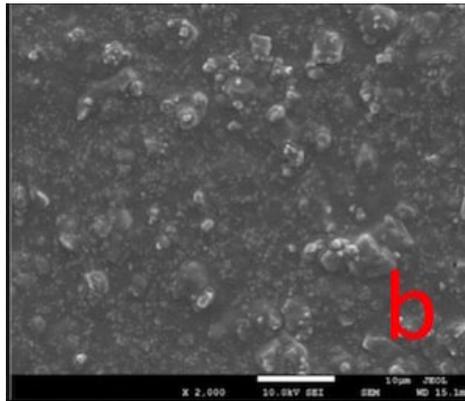


**Fig. (1f).** SEM micrograph of the top surface of dentin disc in the GPG-AS Group: Open dentin tubule orifices and few partially occluded tubules are apparent (2,000X).

In BIF-T group, the dentin surface was covered with a resinous layer. The resinous layer was semi-porous in BIF-CA and highly porous in BIF-AS groups (Fig. 2).



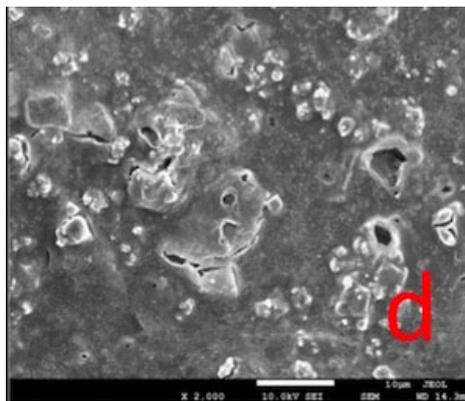
**Fig. (2a).** SEM micrograph of a fractured site of dentin disc in the BIF-T Group: Note the open and partially occluded tubule orifices in the areas where the treatment agent was removed (500X).



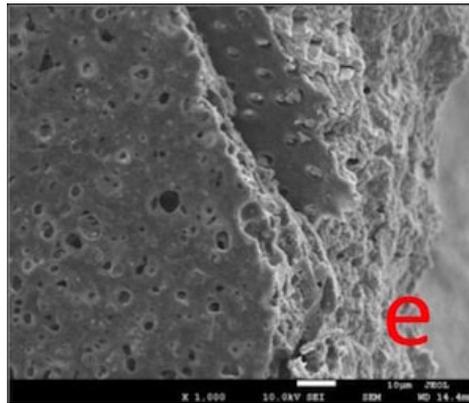
**Fig. (2b).** SEM micrograph of the top surface of dentin disc in the BIF-T Group: The dentin surface was completely covered with a resinous layer and there were no visible tubule orifices (2,000X).



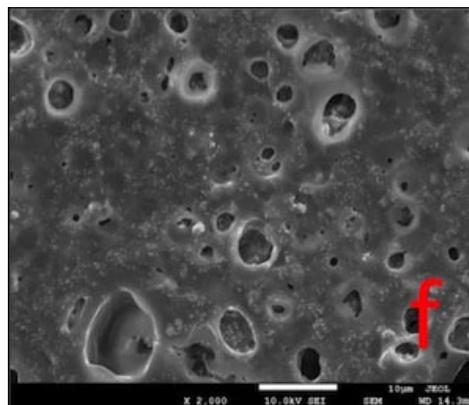
**Fig. (2c).** SEM micrograph of a fractured site of dentin disc in the BIF-CA Group: Open and partially occluded tubule orifices are visible in the areas where the treatment agent was removed (1,000X).



**Fig. (2d).** SEM micrograph of the top surface of dentin disc in the BIF-CA Group: The dentin surface was covered with a semi-porous layer (2,000X).

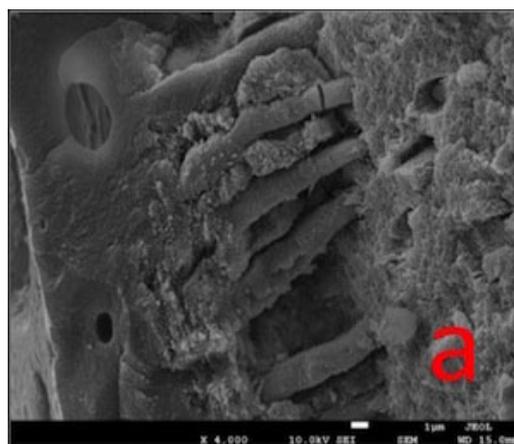


**Fig. (2e).** SEM micrograph of a fractured site of dentin disc in BIF-AS Group: Open and partially occluded tubule orifices were apparent in the areas where treatment agent was removed (1,000X).

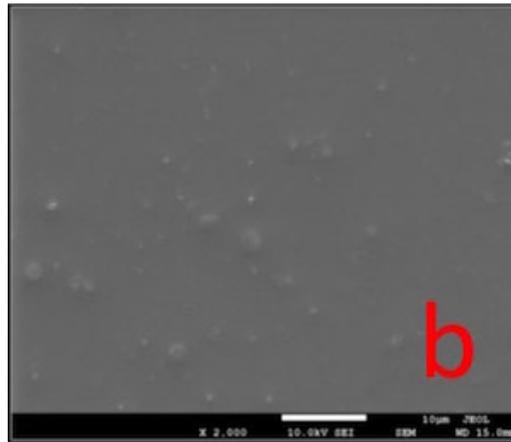


**Fig. (2f).** SEM micrograph of the top surface of dentin disc in BIF-AS Saliva Group: Note the porosity of the layer covering the dentin surface (2,000X).

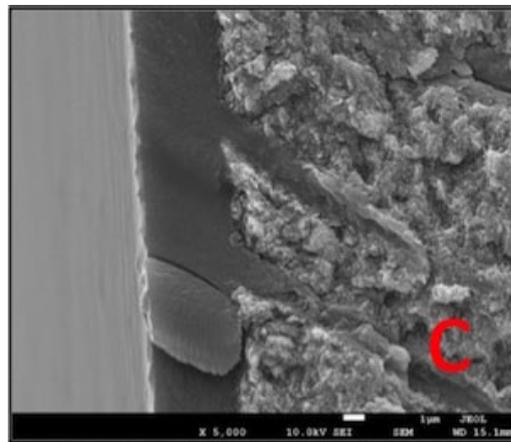
Dentin surface was covered with a hybrid layer which is homogeneous in GSE-T whereas highly porous in GSE-AS group. Resin tags extended within tubules in GSE-T, GSE-CA and GSE-AS groups (Fig. 3).



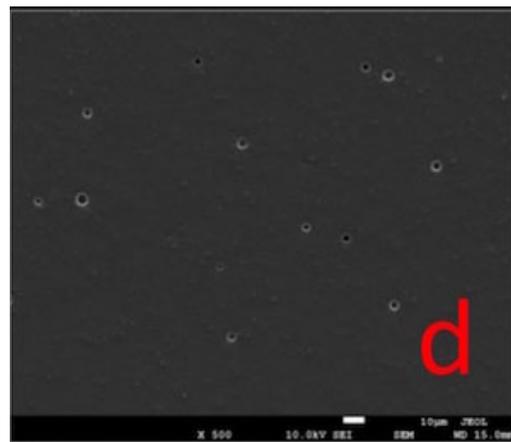
**Fig. (3a).** SEM micrograph of a fractured site of dentin disc in GSE-T Group: Note the fractured resin tags remaining at tubule orifices and unfractured resin tags extending from the surface into the tubule orifices (4,000X).



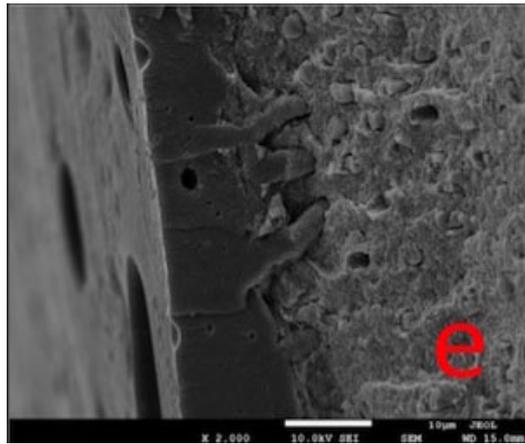
**Fig. (3b).** SEM micrograph of the top surface of dentin disc in GSE-T Group: Dentin surface was completely covered with a homogeneous resin layer (2,000X).



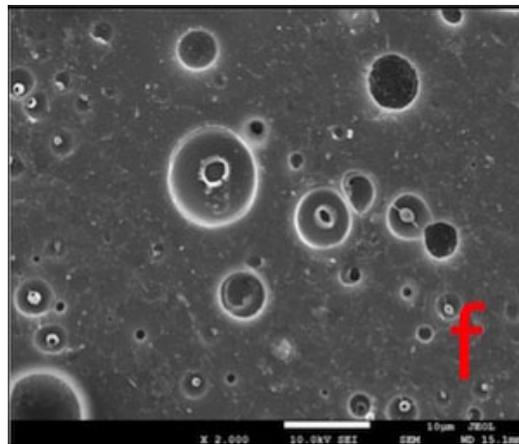
**Fig. (3c).** SEM micrograph of a fractured site of dentin disc in GSE-CA Group: Resin tags extending into the dentin tubule orifices are visible (5,000X).



**Fig. (3d).** SEM micrograph of the top surface of dentin disc in GSE-CA Group: Some visible porosities are present in the hybrid layer covering the dentin surface (500X).

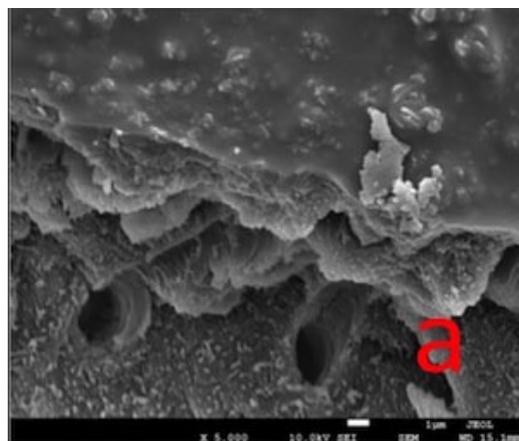


**Fig. (3e).** SEM micrograph of a fractured site of dentin disc in GSE-AS Group: Note the unfractured resin tags extending into the tubule orifices (2,000X).

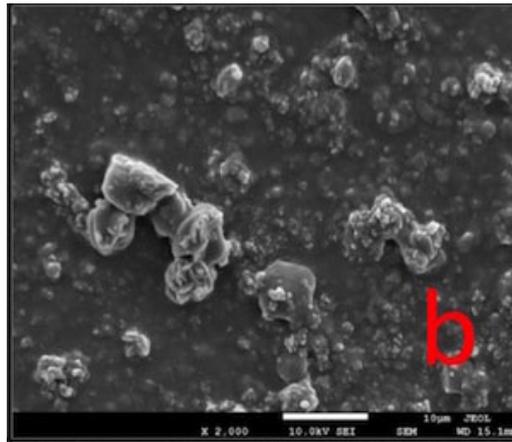


**Fig. (3f).** SEM micrograph of the top surface of dentin disc in GSE-AS Group: Note the porosity of the hybrid layer covering the dentin surface (2,000X).

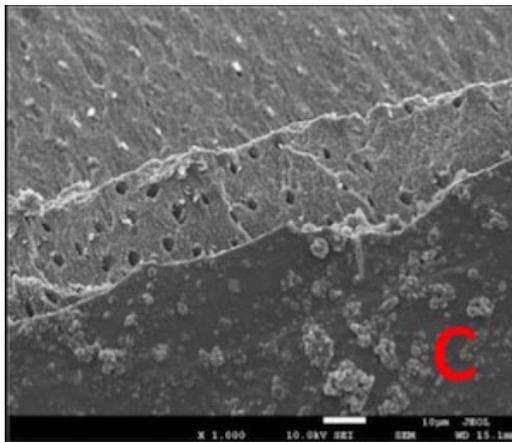
In DSC-T and DSC-CA groups, the surfaces were covered with a continuous crystalline layer. The surface layer appeared to lose its continuity in DSC-AS group, in some areas (Fig. 4).



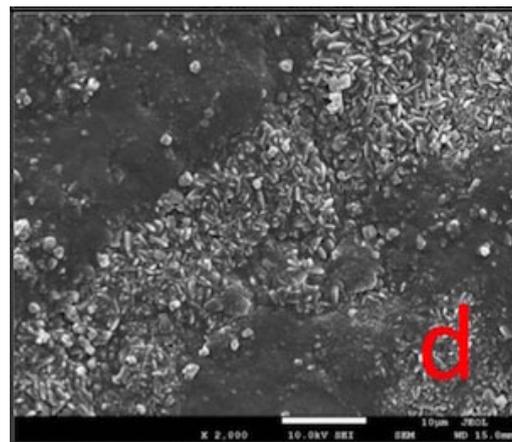
**Fig. (4a).** SEM micrograph of a fractured site of dentin disc in DSC-T Group: Open tubule orifices were apparent below where the surface layer was removed (5,000X).



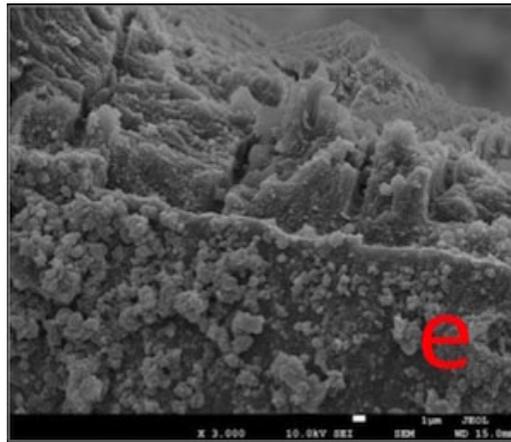
**Fig. (4b).** SEM micrograph of the top surface of dentin disc in DSC-T Group: Dentin surface was completely covered with a crystalline layer (2,000X).



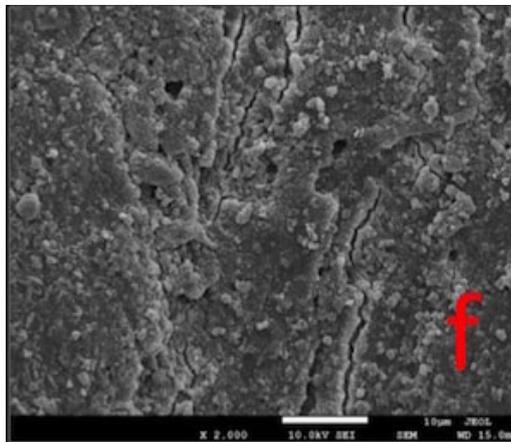
**Fig. (4c).** SEM micrograph of a fractured site of dentin disc in DSC-CA Group: Open tubule orifices were apparent in the areas where the treatment agent was removed as a result of fracturing (1,000X).



**Fig. (4d).** SEM micrograph of the top surface of dentin disc in DSC-CA Group: Dentin surface was covered with a continuous crystalline layer (2,000X)

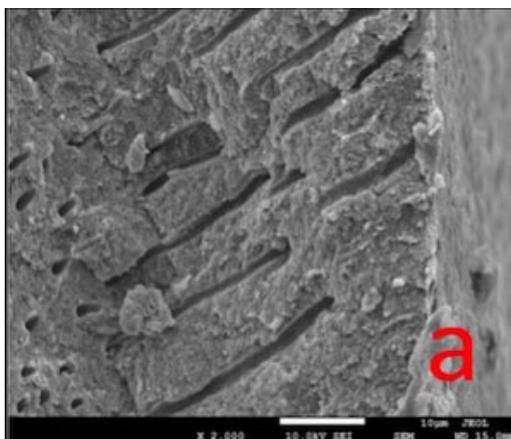


**Fig. (4e).** SEM micrograph of a fractured site of dentin disc in DSC-AS Group: Crystalline layer on the surface and open tubule orifices at fractured site were visible (3,000X).

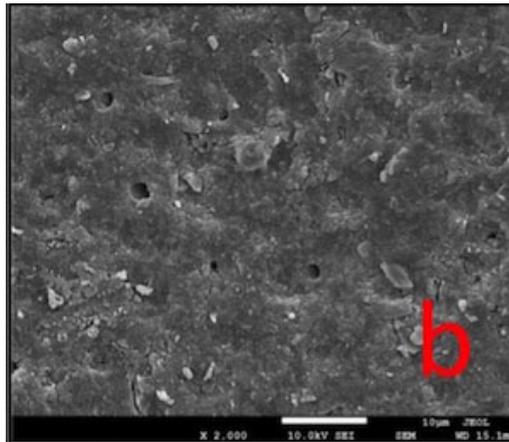


**Fig. (4f).** SEM micrograph of the top surface of dentin disc in DSC-AS Group: Note the crack-like appearances and the areas where the layer lost its continuity (2,000X).

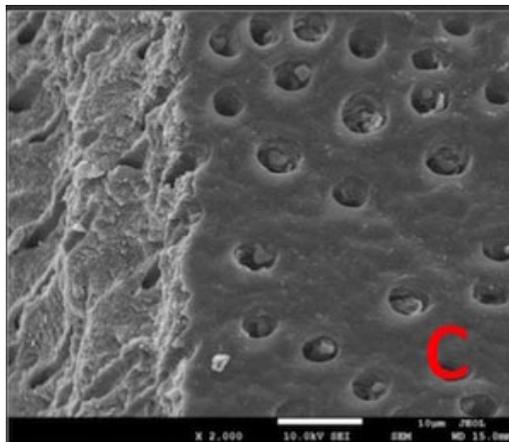
Most of the dentin surface in the NPP-T group was covered with an apatite-like layer. Partially occluded tubule orifices were more apparent in NPP-CA and NPP-AS groups (Fig. 5).



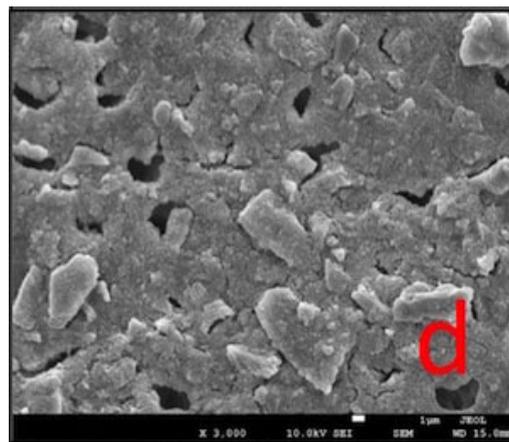
**Fig. (5a).** SEM micrograph of a fractured site of dentin disc in NPP-T Group: Some apatite-like particles were observed extending within tubule orifices (2,000X).



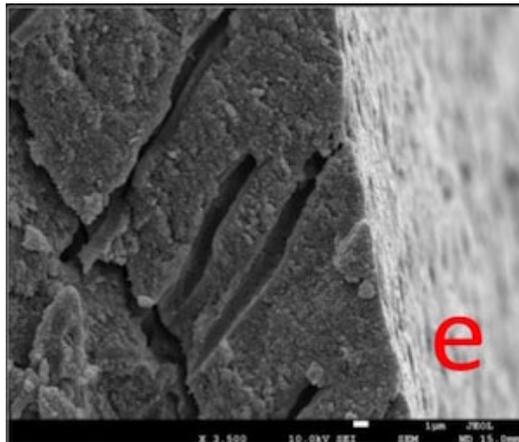
**Fig. (5b).** SEM micrograph of the top surface of dentin disc in NPP-T Group: Dentin surface was covered with an apatite-like layer but some porosities revealing the tubule orifices were detected on the surface layer (2,000X).



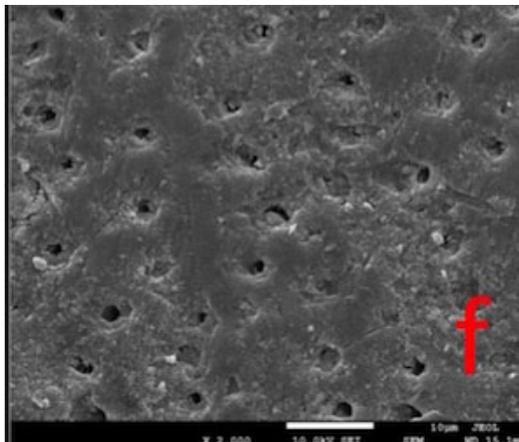
**Fig. (5c).** SEM micrograph of a fractured site of dentin disc in NPP-CA Group: Note the particles extending within tubule orifices (2,000X).



**Fig. (5d).** SEM micrograph of the top surface of dentin disc in NPP-CA Group: Occluded and partially occluded tubule orifices were visible on dentin surface (3,000X).



**Fig. (5e).** SEM micrograph of a fractured site of dentin disc in NPP-AS Group: Note the apatite-like particles extending within tubule orifice (3,500X).



**Fig. (5f).** SEM micrograph of the top surface of dentin disc in NUPRO-AS Group: Partially and completely occluded tubule orifices were apparent on dentin surface (2,000X).

## DISCUSSION

The efficacy of desensitizers used in DH management is tested *in vitro*, *in situ* or in clinical trials. A well-established laboratory study eliminates clinically uncontrollable factors such as the subjective nature of pain perception, spontaneous remission of DH symptoms, placebo and Hawthorne effects [1, 8].

The measurement of hydraulic conductance was reported to be a suitable method for evaluating DP. This method evaluates the dentin tubule occlusion efficacy of desensitizers [6, 17]. It also allows for a comparison between different treatment protocols by producing objective and quantitative values [18]. In our study, we used the CFFM [15, 16] system to test five different dentin desensitizers. It was constituted on the basis of the conventional hydraulic conductance system [17, 19] and the reliability of it was also previously reported [20].

Dentin discs obtained from human or animal teeth are commonly used for *in vitro* DP and SEM evaluations of the desensitizers [21 - 23]. In our study, samples were obtained from bovine dentin around the CEJ which had been reported to be an appropriate substitute for human coronal dentin in terms of permeability characteristics [22]. Standardization and stabilization of the exposed dentin area for DP evaluation were achieved by using O-rings in a split chamber system [24]. Thereby, we evaluated the same area of the same specimen each time to ensure reproducibility of the measurements.

The removal of the smear layer was necessary to simulate the sensitive dentin with dentin tubules patent to the oral cavity and the pulp [25]. EDTA application caused an increase in permeability values of all specimens by removing

smear layer and presented the Lpmax. The Lp3 values measured after the desensitizer treatments were significantly lower than Lpmax in all groups. This proved the immediate efficacy of all tested desensitizers in reducing DP. The immediate permeability reduction efficacy of the GSE treatment was significantly superior to the NPP treatment ( $p < 0.05$ ).

Desensitizer treated dentin discs were subjected to CA or AS post-treatments in order to test the resistance of the deposits or layers to the acidic environment or to a wash-out effect that can be encountered in the mouth. Lp4 and Lp5 values measured following post-treatments were significantly greater than Lp3 values in all groups. There were no significant differences ( $p > 0.05$ ) among CA subgroups with regard to their resistance to the CA post-treatment. However, in terms of their durability against AS post-treatment, DSC was superior to BIF ( $p < 0.05$ ) (Table 5).

Gluma Desensitizer Powergel contains 35% HEMA and 5% glutaraldehyde which coagulates the serum albumin in dentinal fluid. The reaction of glutaraldehyde with albumin induces polymerization of HEMA. [26 - 32] Since dentin desensitization mechanism of glutaraldehyde-based desensitizers depends on protein precipitation, simulating the dentinal fluid *in vitro* is necessary [28 - 30]. In order to simulate the protein-containing dentinal fluid, samples in this group were immersed in 2% bovine serum albumin solution (BSA) before GPG treatment. In the current study, BSA acted as an artificial dentin fluid, in accordance with some other studies [28, 29].

SEM images (Fig. 1) proved that post-treatment procedures removed most of the surface layer that was formed as a result of HEMA polymerization, possibly due to the water solubility of HEMA [31, 32]. Transverse septas formed within some tubules as a result of protein precipitation were detected even after post-treatments. This may explain why permeability value did not return to maximum level (100%).

In our *in vitro* model, we expected the BSA to infiltrate within all tubules completely in order to enable the protein precipitation. However, some empty tubule lumens with no septa formations we observed probably means that this aim could not be achieved.

Bifluorid 12 is a fluoride varnish containing 6% calcium fluoride ( $\text{CaF}_2$ ) and 6% sodium fluoride (NaF). Its mode of action is to create a barrier on the dentin surface by precipitation of  $\text{CaF}_2$  and NaF [33, 34]. In this study the resinous layer lost its continuity and therefore its quality as a barrier after post-treatments (Fig. 2) and caused a re-increase in permeability.

Gluma Self Etch Bond is a one-step, HEMA containing 7<sup>th</sup> generation self-etching (SE) dentin adhesive. Since adhesion mechanism of SE adhesives involves integrating the smear into the adhesive interface [35, 36], we created a new smear layer on the surface of each dentin discs in this group, prior to GSE application. Topical application of SE adhesives was reported to be effective in reducing DP by sealing the dentin surface with an acid-resistant hybrid layer and by occluding the tubule orifices with resin tags [34, 37], which was also demonstrated in our study. Porosity of the surface hybrid layer caused by post-treatments explains the re-increase in permeability. However, resin tags that were still present within the tubules even after the post-treatments might explain why permeability value did not return to maximum value (Fig. 3).

D/Sense Crystal is a desensitizer containing 2.5% potassium binoxalate and 2.5% nitric acid in water. DSC was reported to have a dual action in managing DH by reacting with dentin and triggering the precipitation of insoluble calcium oxalate crystals which cover the surface. It has also been reported to reduce nerve excitability via soluble potassium ions penetrating within tubules [10].

In this study, the dentin surface appeared to be covered with a crystalline layer, even after both post-treatments (Fig. 4). Considering this, lower permeability values might be expected. However, it is important to note that the hydrostatic pressure we utilised (1835.49 cm  $\text{H}_2\text{O}$ ) was much higher than the physiological pulpal pressure (15 cm  $\text{H}_2\text{O}$ ) [38]. This might have facilitated the removal of crystalline deposits from the surface during permeability measurements, thereby leading to a greater Lp value than we would have obtained if we had chosen a hydrostatic pressure value close to the physiological pulp pressure. On the contrary to the permeability evaluation, SEM analyses were conducted without simulating pulpal pressure and no hydrostatic pressure was applied on samples.

Our study is consistent with several *in vitro* studies [10, 14] in terms of reporting the immediate efficacy of DSC treatment in reducing the permeability. Various studies [10, 14, 39 - 41] with different experimental designs also reported the solubility of the calcium oxalate crystals, as well as the re-increase in permeability after AS post-treatment over time.

Nupro Sensodyne Prophylaxis Paste with novamin contains 15% novamin as an active ingredient. Novamin is a trade name for calcium sodium phosphosilicate bioactive glass. It is incorporated into dentifrices and in-office products as a remineralizing agent [42]. Novamin-based remineralizing products are reported to reduce DH by physically occluding dentin tubules with hydroxycarbonate apatite (HCA) and with residual novamin particles [43].

In our study, following the post-treatments, some of the apatite-like surface deposits were removed, thereby an increase in Lp occurred. However, some reduction in the diameter of tubule lumens was maintained even after the post-treatments (Fig. 5) and this may explain why the permeability value did not reach to maximum.

The results of this study are compatible with several studies [11, 44, 45] reporting the decrease in permeability following novamin-based treatment and some other studies [11, 44] demonstrating the re-increase in permeability following CA post-treatment.

Novamin-based bioactive glasses are assumed to react in an aqueous environment (ie. saliva), resulting in HCA deposition [12, 42, 43]. In the current study, we did not detect a remineralization effect of the NPP treatment following AS post-treatment for 24 hours. In addition, the wash-away effect of AS was superior to a possible remineralization mechanism. This finding of our study was comparable with the results of several investigations that studied novamin-based products and did not detect dentin remineralization after 24 or 48 hours of storage in RSS solution [44] or immersion in AS [12] for 24 hours. It has been suggested that 24 hours of storage in AS might not be sufficient to test for possible remineralization [12].

Recently, several investigators indicated that bioglass in dentifrices causes desensitization by physically occluding the tubules rather than by enhancing remineralization. [46] It was also noted that conventional bioglasses (*e.g.* novamin) incorporated into dentifrices cause HCA deposition. However, fluoride containing novel bioglass components are able to form a more stable and acid-resistant fluoroapatite layer on tooth surfaces and may give better results in DH management [46].

Dentin permeability evaluation allows for a comparison between different treatment protocols by producing objective, quantitative values. However, a direct comparison of the quantitative data from different studies might not be possible because of the differences in methodologies *e.g.* differences in samples, treatment and post-treatment protocols, hydrostatic pressure values and artificial dentinal fluids.

All the tested desensitizers were effective in reducing DP by covering or occluding dentin tubules. From a clinical standpoint, it is important that a dental clinician should be aware of the post-treatment durability of the desensitizers to be used and consider the need to recall the patient and repeat the treatment. In the current study, CA and AS post-treatments caused some reduction in the efficacy of all desensitizers by partly removing the deposits or layers formed on/within the tubules and caused a re-increase in permeability.

In our study, we evaluated the efficacy and durability of five different desensitizers for their tubule occluding and permeability reducing abilities. In cases where they possessed another mode of action in DH management (*e.g.* changing nerve excitability), these properties were not evaluated.

Research into the development of desensitizer treatment modalities more resistant to the oral environment may eventually contribute to more prolonged patient relief from discomfort associated with DH.

## CONFLICT OF INTEREST

The authors confirm that this article content has no conflict of interest.

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