# Sialolipoma of the Lower Lip: Case Report and Literature Review

Nada O. Binmadi<sup>1,\*</sup>, Risa Chaisuparat<sup>2</sup>, Bernard A. Levy<sup>3</sup> and Nikolaos G Nikitakis<sup>4</sup>

<sup>1</sup>Department of Oral, Basic, and Clinical Sciences, King Abdulaziz University, Jeddah, Saudi Arabia

<sup>2</sup>Department of Oral Pathology, Faculty of Dentistry, Chulalongkorn University

<sup>3</sup>Director of Global Operations, Oral and Maxillofacial Pathology, Department of Oncology and Diagnostic Sciences, Dental School, University of Maryland, Baltimore

<sup>4</sup>Department of Oral Pathology and Medicine, Dental School, National and Kapodistrian University of Athens

**Abstract:** Sialolipoma is a relatively rare and fairly recently described as a variant of lipoma with salivary elements. Any site within the oral and maxillofacial region may be involved with the parotid gland being the most common location. Herein, we present a case of silaolipoma in lower lip. The clinical and histological features and differential diagnosis are discussed.

Keywords: Lipoma, Salivary gland, Oral cavity.

#### **INTRODUCTION**

Sialolipoma is a new histological variant of salivary gland lipoma, which is composed of adipose and glandular tissues. It was first described by Nagao *et al.*, in 2001 [1]. The etiology of sialolipoma is not completely understood. It typically arises within the major salivary glands and the minor salivary gland of oral cavity. To the best of our knowledge only 35 cases of sialolipoma have been reported in English literature (Table1 [1-21]) including the present case.

## CASE REPORT

A 54-year-old Caucasian female was seen by her general dentist for evaluation of a painless swelling in her lower lip. There was no history of trauma or infection and the patient's medical history was unremarkable. An intra-oral examination revealed a 0.6x0.6cm soft tissue mass with normal overlying mucosa in her left lower lip, while an extra-oral examination revealed a normal facial morphology. The clinical differential diagnosis included mucocele, fibroma, lipoma, and salivary gland neoplasm. An excisional biopsy was performed and submitted to the Oral and Maxillofacial Pathology Department at University of Maryland, Baltimore. On gross examination, the mass was well-circumscribed, tan in color, soft in consistency and measured 0.6cm at its largest diameter. The histological examination revealed a mass of mature adipose tissue completely encapsulated by a fibrous band. Islands of salivary gland acini and ducts were located within the tumor. Neither atypia nor mitotic figures were observed in either the salivary glandular type tissue or the adipocytes. Mild lymphocytic infiltration and ductal dilation were seen (Fig. 1). Consequently, the lesion was diagnosed as sialolipoma and no further treatment was required. The

patient has been followed for 3 years without evidence of recurrence.

### DISCUSSION

Sialolipoma, an uncommon variant of head and neck lipoma, is composed of proliferative adipocytes with entrapped normal salivary gland islands [1]. Almost any site within the oral and maxillofacial region may be involved with the parotid gland being the most frequently reported location [1-3, 6, 7, 9, 14, 21]. To our knowledge, 34 cases of sialolipoma have previously been reported in the English literature and eighteen of them were found in minor salivary glands [seven on the palate [1, 8, 10, 16, 17, 19], three in buccal mucosa [4, 10, 20], three on floor of the mouth [5, 11, 20], two on the tongue [4, 20], two in lower lip [12,the present case], and one on retromolar pad [20].

Clinically, sialolipomas usually present as a solitary painless palpable mass with an average size of 2.74 cm in diameter. Females are affected slightly more than males (with ratio 1.1:2). Patient's ages range from 6 weeks to 84 years, with average of 47.6 years. The duration of the lesion range from two months to ten years, with average of three years. In the present report, the lesion is in the lower lip and the diameter is 0.6 cm. Because lower lip is a preferable site of mucocele, it is probable that superficially located sialolipoma might be misdiagnosed clinically as mucocele. The other most common preoperative diagnoses are fibroma and salivary gland tumor. There is no distinguishable radiographic sign for sialolipoma in either computed tomography scan (CT) or magnetic resonance imaging (MRI) compared to a typical fatty lesion in the head and neck region [14].

Histological findings of haematoxylin and eosin staining in previous studies include a well circumscribed mass surrounded by a delicate fibrous tissue. The tumors are composed of mature adipose elements mixed with salivary gland

<sup>\*</sup>Address correspondence to this author at the Department of Oral, Basic, and Clinical Sciences, King Abdulaziz University, Jeddah, Saudi Arabia; Tel: 0505699092; E-mail: nmadi@kau.edu.sa



Fig. (1). (A) Photomicrograph showing islands of salivary gland tissue present within an adipose tissue tumor encapsulated by thin fibrous tissue (arrow) (hematoxylin and eosin, original magnification 4x); (B) Higher magnification revealing mild ductal dilatation with fibrosis within the tumor mass (hematoxylin and eosin, original magnification 10x).

Table 1. Clinical Features of 36 Cases of Sialolipoma

Author	Age (years)	Sex	Location	Size in cm	Duration	Treatment	Follow-up
Walts and Perzik, [2]	48	М	Parotid gland	3.5x2.5x1	NA	Superficial parotidectomy	NED
Walts and Perzik, [2]	65	М	Parotid gland	2.6 diameter	2 months	Superficial parotidectomy	NED
Baker et al., [3]	44	М	Parotid gland	1.0 diameter	2 months	Superficial parotidectomy	30 mo; NED
Nagao et al., [1]	20	М	Parotid gland	3.5x3.0x2.2	4 months	Superficial parotidectomy	7 yr, 7 mo;NED
Nagao <i>et al.,</i> [1]	45	F	Parotid gland	6.0x3.0x2.0	10 years	Superficial parotidectomy	7 yr, 1 mo;NED
Nagao <i>et al.,</i> [1]	67	М	Parotid gland	1.7diameter	2 months	Superficial parotidectomy	3 yr,1mo; NED
Nagao <i>et al.,</i> [1]	66	F	Parotid gland	6.0 diameter	5 months	Superficial parotidectomy	2 yr,11mo;NED
Nagao <i>et al.,</i> [1]	42	М	Parotid gland	6.0 diameter	10 years	Superficial parotidectomy	1 yr 8 mo; NED
Nagao <i>et al.,</i> [1]	66	М	Soft palate	2.2x1.5x1.5	6 years	Surgical excision	11 mo; NED
Nagao <i>et al.,</i> [1]	75	М	Hard palate	1.0 diameter	3 years	Surgical excision	NA
Fregnani et al., [4]	NA	NA	Tongue	NA	NA	Surgical excision	NED
Fregnani et al., [4]	NA	NA	Buccal sulcus	NA	NA	Surgical excision	NED
Lin <i>et al.</i> , [5]	67	F	Floor of the mouth	3.0x2.0	1 year	Surgical excision	2 yr; NED
Hornigold et al., [6]	7 wk	F	Parotid gland	2.0x1.7x1.1	10 weeks	Surgical excision	2 yr; NED
Michaelidis et al., [7]	44	М	Parotid gland	3.5 diameter	1.5 years	Total parotidectomy	2 yr; NED
Sakai <i>et al.,</i> [8]	60	F	Hard palate	1.8x1.2x1.0	10 years	Surgical excision	NED
Kadivar et al., [9]	3	F	Parotid gland	3.0 diameter	8 months	Superficial parotidectomy	NA
Ramer et al., [10]	84	F	Buccal mucosa	1.0x1.0	NA	Surgical excision	11 mo; NED
Ramer et al., [10]	43	F	Soft palate	2.0x2.0	NA	Surgical excision	NA
Ponniah et al., [11]	70	М	Floor of mouth	2.0 diameter	NA	Surgical excision	2 yr; NED
De Freitas et al., [12]	38	М	Lower lip	1.0 diameter	NA	Surgical excision	NA
Parente et al., [13]	77	F	Submandibular gland	3.0x2.0x1.8	NA	Surgical excision	22mo; NED
Dogan <i>et al.</i> , [14]	33	М	Parotid gland	2.0x2.0	1 year	Superficial parotidectomy	NED
Jang et al., [15]	62	F	Submandibular gland	5.0 diameter	2-3years	Surgical excision	17mo,NED
Okada et al., [16]	66	F	Hard palate	0.8 diameter	10 years	NA	NA

Author	Age (years)	Sex	Location	Size in cm	Duration	Treatment	Follow-up
De Moraes et al., [17]	72	F	Hard palate	2.0 diameter	2 weeks	Surgical excision	8 mo; NED
Sato et al., [18]	3	М	Submandibular gland	4.0x3.0	NA	Surgical excision	3 yr; NED
Akrish et al., [19]	52	М	Submandibular gland	3.5x2.0x1.5	NA	Surgical excision	lyr; NED
Akrish et al., [19]	67	F	Hard Palate	5.0x4.0x4.0	NA	Surgical excision	lyr; NED
Nonaka et al., [20]	27	F	Tongue	1.0x1.0	5 years	Surgical excision	NA
Nonaka et al., [20]	73	F	Floor of mouth	4.0x1.0	NA	Surgical excision	NA
Nonaka et al., [20]	65	F	Buccal Mucosa	2.0 diameter	2 years	Surgical excision	NA
Nonaka et al., [20]	68	F	Retromolar pad	0.9 diameter	NA	Surgical excision	14mo; NED
Kidambi <i>et al.</i> , [21]	6 wk	М	Parotid gland	4.7x4.5x3.0	4 wk	Total parotidectomy with facial nerve dissection	3 mo; NED
Case report*,	54	F	Lower lip	0.6 diameter	NA	Surgical excision	3 yr; NED
Total number of cases=35	Avg: 47.6	M:F 15:18	Parotid gland:13, Hard palate:5, Soft palate:2, Tongue :2, Floor of mouth:3, Buccal mu- cosa:3,Lower lip :2,submandibular gland:4, retromolar pad: 1	Avg:2.74	Avg: 3.04 years		

\*Present case report; NA, not available; NED, no evidence of disease.

tissues. The glandular components, consisting of acinar cells and ductal components, may be scattered through out the tumor or located in the periphery of the tumor [1, 5]. The 80 % of sialolipomas in major salivary gland are composed of adipose tissue while in minor salivary gland the glandular elements are clustered and evenly distributed around fat tissue [10,11]. No mitosis is seen in adipocytes or acinar and ductal cells [5]. The glandular components may be showed ductal dilation, oncocytic changes and squamous ductal metaplasia [1, 5-10]. In some cases areas of fibrosis are seen while myxoid changes are reported only in one case [9, 15]. Additionally, lymphocyte infiltration and enlarged congested vessels are reported [1, 10, 15].

The pathogenesis of the sialolipoma is not completely understood. However, immunohistological and ultrastructural studies confirmed that the glandular elements of the lesion could arise from entrapment of minor salivary gland during lipomatous proliferation rather than representing neoplastic process [1, 4, 5].

The morphologic differential diagnosis includes a variety of entities. Adenolipoma has histologic characteristic similar to sialolipoma; but it is composed of adipocytes and duct elements without acinar cells. Adenolipoma also differs from sialolipoma by the lack of organoid arrangement of the ductal type tissue [1, 5, 8]. Lipomatosis which typically occurs in older patients can be excluded by the microscopic lack of the fibrous capsule in addition to the absence of any medical condition associated with lipomatosis, for instance diabetes mellitus, malnutrition, chronic alcoholism and liver cirrhosis [1, 7, 9]. The distinction from pleomorphic adenoma is made by the presence of extensive fatty elements within the normal salivary gland tissue and lack of ducts and strands of dark-staining myoepithelial cells in sialolipoma [1, 5, 10].

Sialolipoma in the minor salivary glands is treated by complete surgical excision. However, most of tumors in parotid glands are treated with superficial parotidectomy. A complete parotidectomy with preservation of the facial nerve has been reported in two cases [7, 21] (Table 1). Malignant transformation of sialolipoma has not been reported yet in the literature [5]. The follow up period ranged from 2 months to 10 years and there is no evidence of recurrent sialolipoma.

### **CONFLICT OF INTEREST**

The authors confirm that this article content has no conflicts of interest.

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